

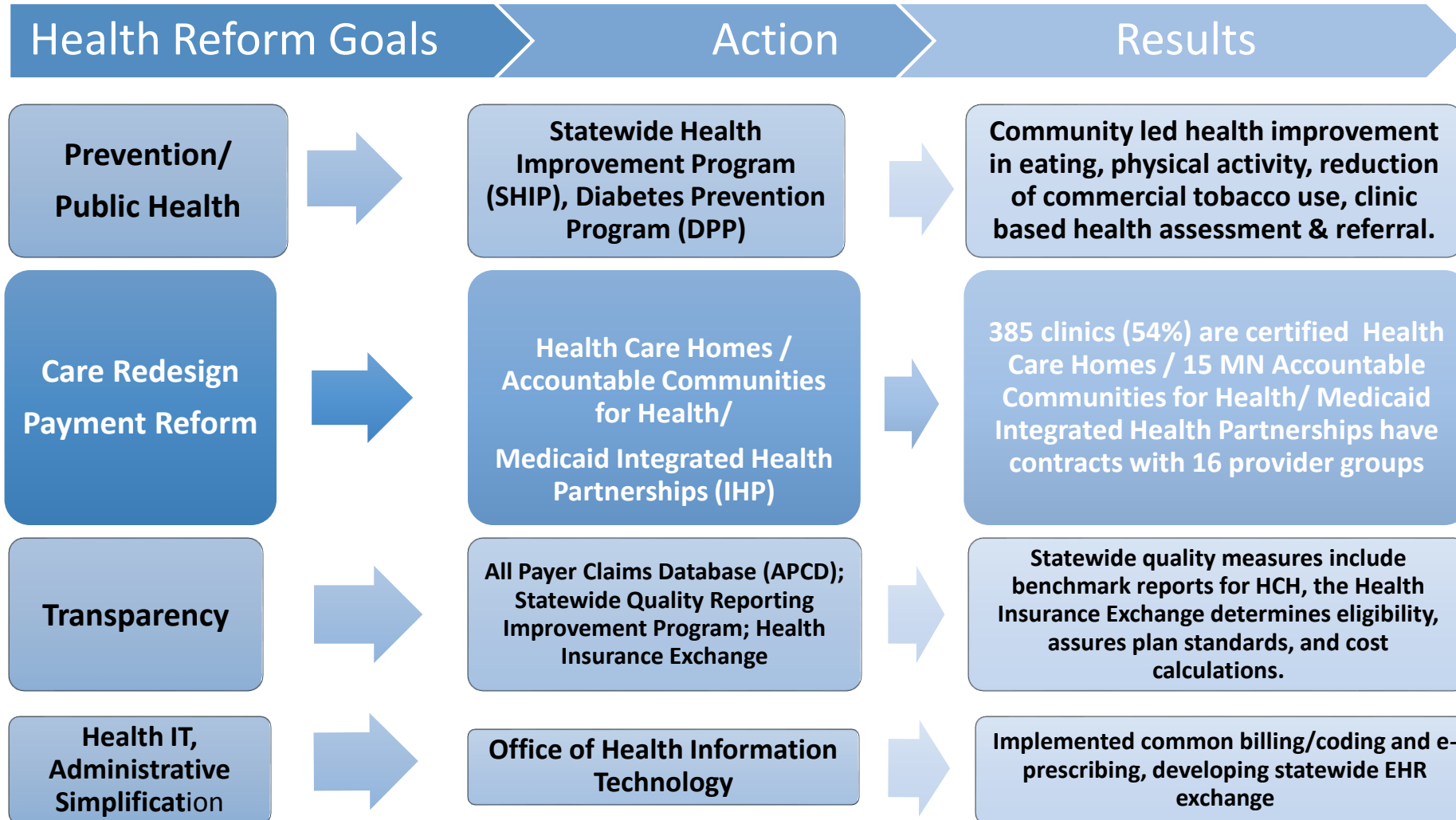


Minnesota  
Department  
*of* Health

# Health Care Homes: Ask a Nurse Planner



# MN Health Reform

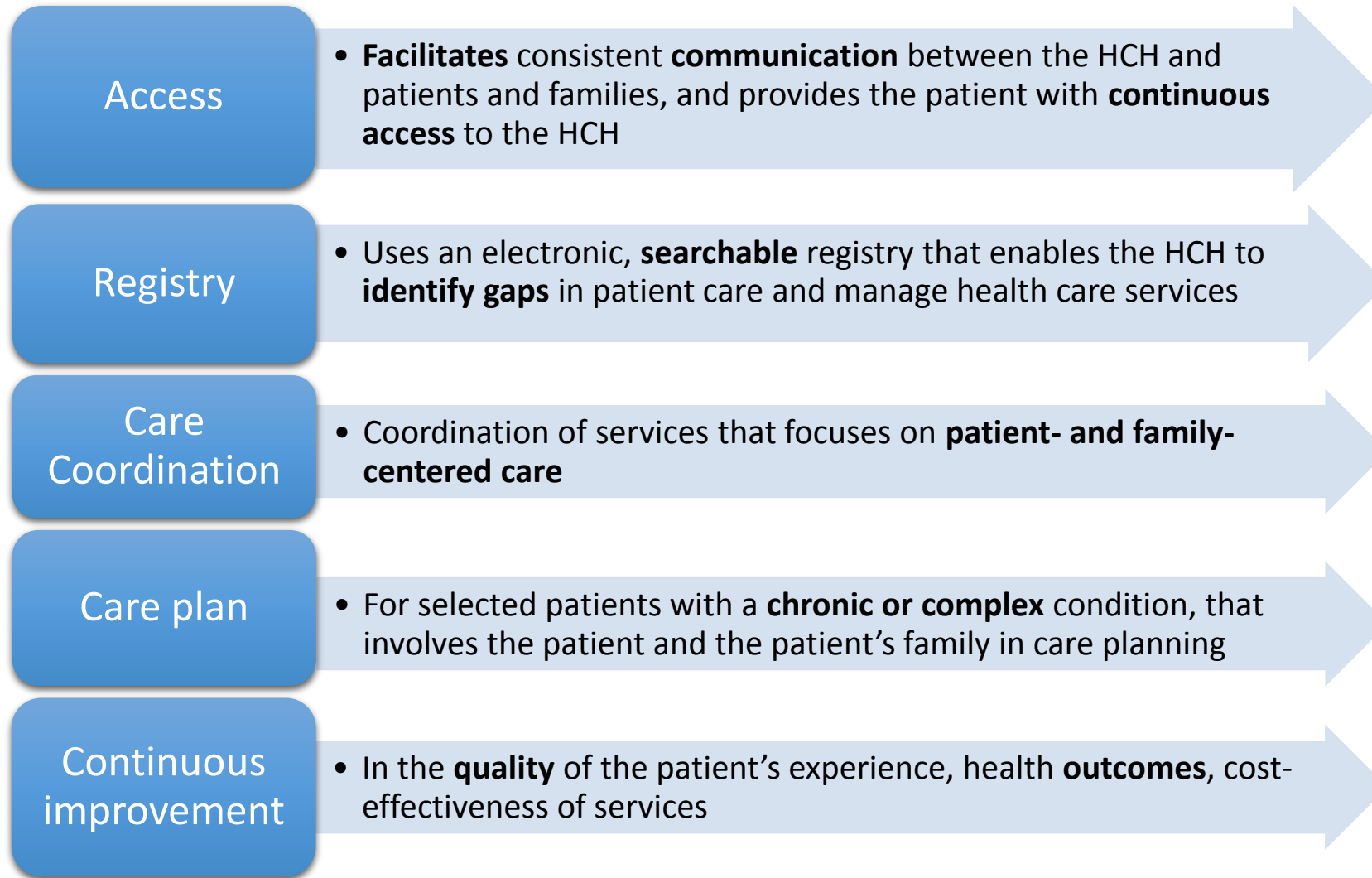


# The Health Care Home Model:

A patient centered care delivery model driven by quality improvement to meet the triple aim.



# Health Care Home Standards



# Certification as HCH is Voluntary

- Certification requirements are met by submitting documentation and a site visit
- Clinics recertify every three years, with an annual check-in with their regional nurse planner.
- At recertification additional criteria is met to reflect the progression in the HCH model implementation over time
- A certified HCH must meet all recertification requirements or apply for a variance

# Measurement

- HCHs must submit data to the statewide measurement reporting system
- Quality measures are based on the clinic's total population
- The commissioner announces annually:
  - HCH Quality Measures
  - Benchmarks to determine whether a HCH has demonstrated sufficient progress for recertification
  - HCH Rule: 4764.0030 -4764.0070

# 2016 Measures

The physician clinic quality measures that are calculated using data submitted directly by providers are:

- Optimal Diabetes Care \*Addition of a new statin medication use
- Optimal Vascular Care \* Addition of a new statin medication use
- Optimal Asthma Care \* Continue to include Asthma Action Plan
- Colorectal Cancer Screening
- Depression Remission at 6 Months \* technical
- Adolescent Mental Health and/or Depression Screening – new baseline
- Pediatric Preventive Care: Overweight Counseling – new baseline
- Patient Experience Survey – CGCAHPS with PCMH

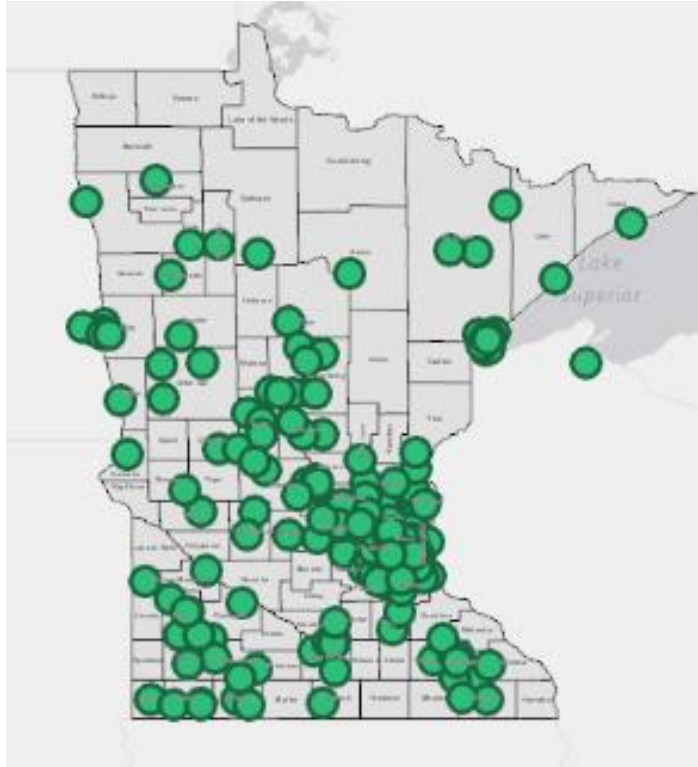
<http://www.health.state.mn.us/healthreform/measurement/20150615FinalSlateClinics.pdf>

# What makes Minnesota's HCH approach unique?

- Statewide approach, public/private **partnership**
- Certification **standards**
- **Support** from a statewide learning collaborative
- Development of a payment methodology
- Integration of **community partnerships** to the HCH
- Outcomes measurement with **accountability**
- **Statewide evaluation** with an independent contractor
- Focus on **patient and family-centered** care concepts



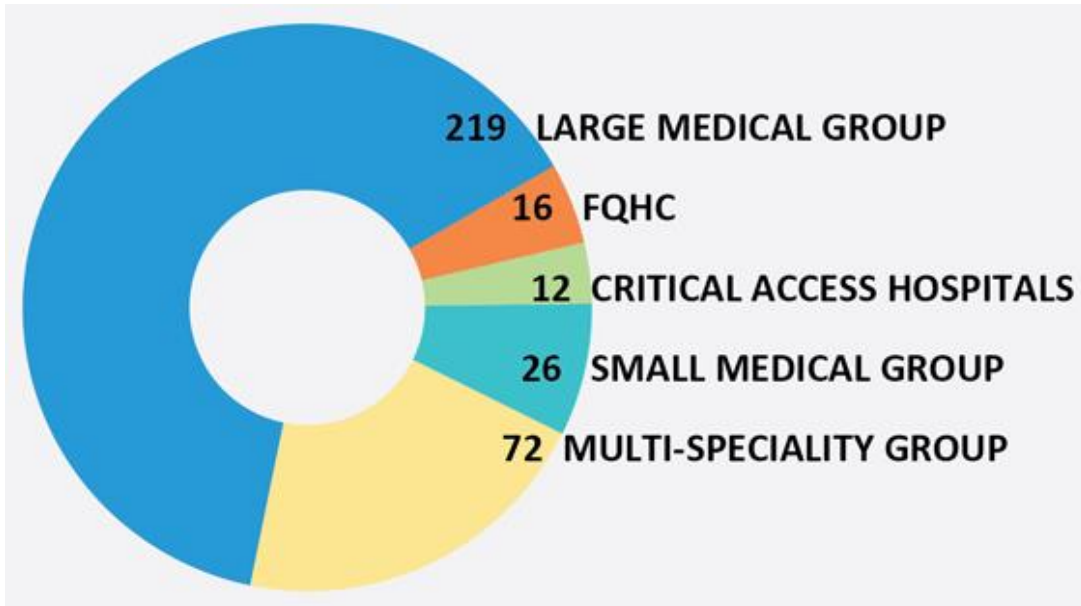
# HCH Certification Update



**397 Certified HCH Clinics**  
**55% of MN primary care clinics**

- Applicants are from all over the state.
- Variety of practice types such as solo, rural, urban, independent, community, FQHC, large organizations, and a community mental health center.
- All types of primary care providers are certified, family medicine, pediatrics, internal medicine, med/peds and geriatrics.

# Practice Types



- In Minnesota 55 % of primary care clinics are certified as a HCH.
- Primary Care clinicians are certified by the ability to use flexibility and innovation to meet HCH standards.
- Nearly half of certified HCHs organizations are integrated medical groups
- Approximately thirty percent are independent medical groups.

# Patient Experience

Minnesota aligns with national results showing improved patient and clinician relationships as well as overall improved patient satisfaction

- Communication with one's clinician showed a significant benefit for HCH clinics
- 60% of HCH patients felt positive about shared decision making about medication
- 50% of HCH patients felt positive about attention to mental health and follow-up visits

# Physician and Clinician Satisfaction

- Higher job satisfaction in relation to time spent working
- Greater morale
- Working in a tight team structure and culture were associated with less clinician exhaustion

# Evaluation

## **Evaluation Report – Year 5**

### **University of Minnesota Evaluation of Health Care Homes**

[2010-2014 Five Year Evaluation of Health Care Homes Initiative](#)

## **Evaluation Report – Year 3**

### **University of Minnesota evaluation of Health Care Homes.**

[2010-2012 Evaluation of Health Care Homes \(PDF: 155 pages/ 1,841 KB\)](#)

## **Published on March 5, 2014**

The Department of Human Services, MDH and the University of Minnesota held a joint news conference February 12, 2014 to release health care homes study results.

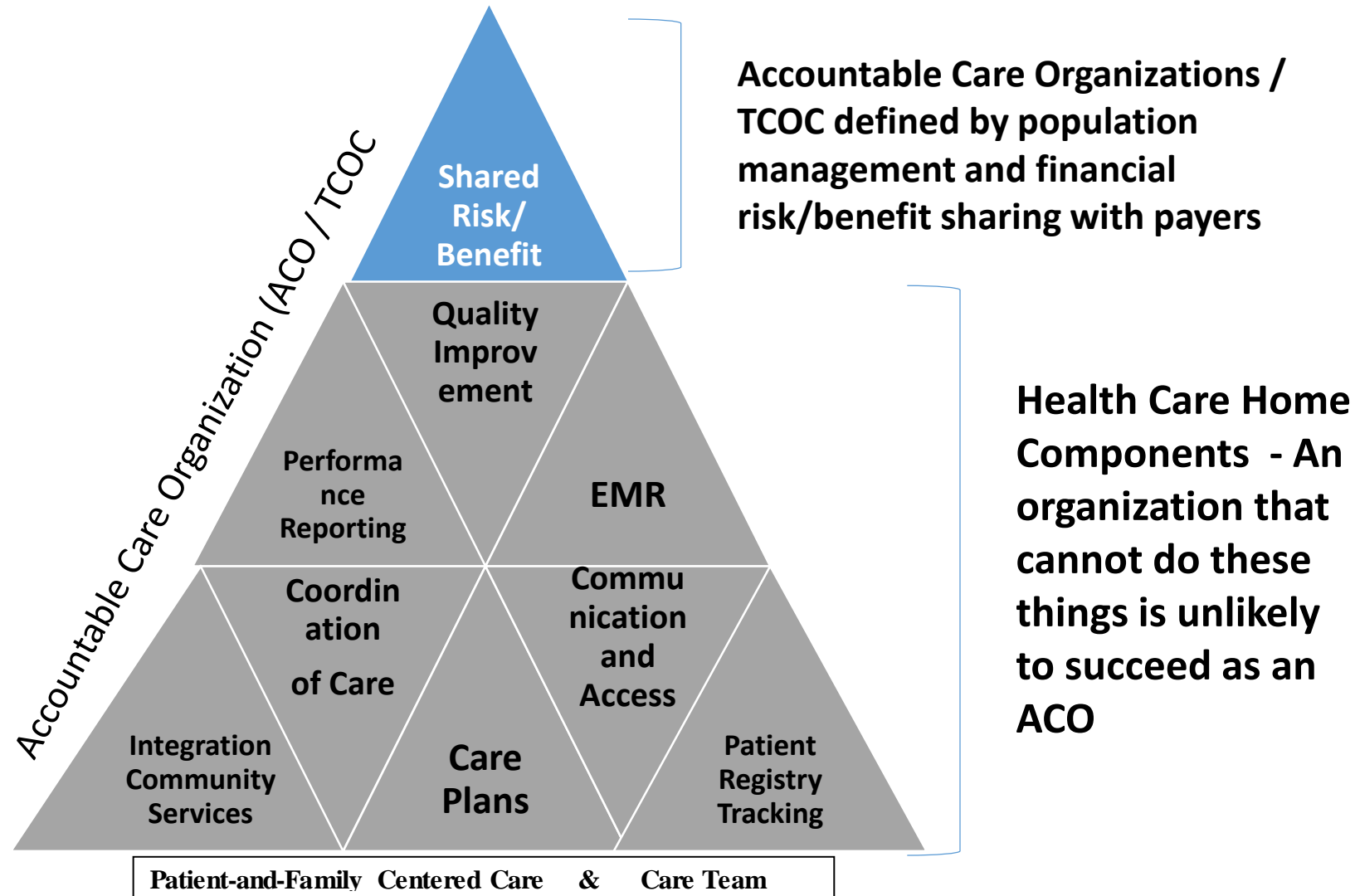
[www.health.state.mn.us/healthreform/homes/outcomes/evaluationreport](http://www.health.state.mn.us/healthreform/homes/outcomes/evaluationreport)

# 2010-2014 Five Year Evaluation Summary Health Care Homes Initiative

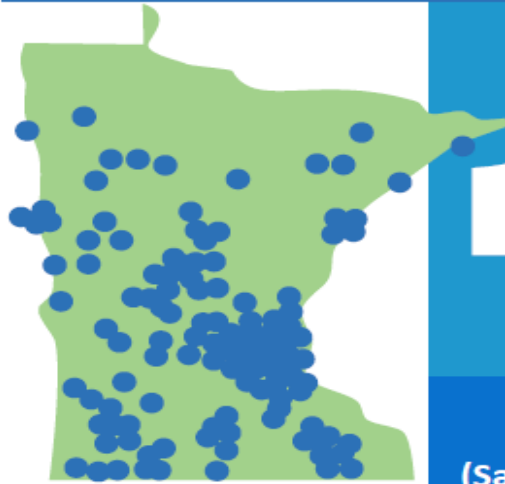
## Results:

- Overall spending on medical services for Medicaid, Medicare and Dual Eligible beneficiaries in HCHs was approximately \$1 billion less than if those patients had been attributed to a non-HCH settings.
- Medical costs for enrollees were 9 percent less than enrollees who did not have a HCH as their primary care clinic.
- HCHs cost 12 percent less for Medicaid; 3 percent less for Dual Eligible enrollees.
- HCHs were less expensive in four categories: inpatient hospital admissions, hospital outpatient visits, skilled nursing facilities, and pharmacy.
- Racial disparities were significantly smaller for Medicaid, Medicare, and Dual Eligible beneficiaries served by HCH clinics versus non- HCH clinics.
- HCH clinics outperform non-HCH clinics in clinical measures of: Optimal Asthma Care (pediatric and adult), Optimal Diabetes Care, Optimal Vascular Care, Depression Remission, Depression Follow-up and Colorectal Cancer Screening.

# Health Care Home As Foundation to ACO's or Total Cost of Care Payment Methods



# PATIENT-CENTERED PRIMARY CARE TEAM MINNESOTA'S HEALTH CARE HOMES



**3.6 MILLION  
SERVED**



**(Savings to Medicaid and Medicare from 2010 to 2014)**

Source: University of Minnesota,  
Health Care Homes, Five Year Program Evaluation 2016



## **ACCESS**

Receive continuous access to your primary care team



## **REGISTRY**

Provider keeps track of your health goals and history



## **COORDINATION**

Team of doctors, nurses and community partners prevent gaps in your care



## **CARE PLAN**

Team helps you plan for your best health



## **QUALITY**

**IMPROVEMENT**  
Providers use benchmarks to improve care and reduce costs

 **HealthCareHomes**  
H E A L T H R E F O R M



*Clinics voluntarily apply to be health care homes and certified by the Minnesota Department of Health*



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# Resources

## Health Care Home Certification & Recertification Requirements

<http://www.health.state.mn.us/healthreform/homes/certification/>

## Health Care Homes, Home Page

<http://www.health.state.mn.us/healthreform/homes/index.html>

## Find Certified HCH's

<http://www.health.state.mn.us/healthreform/homes/hchmap/index.html>