A Collaborative Approach to Better Mental Health Care

Minnesota Rural Health Conference
June 19, 2017
CentraCare Health:
- 6 Hospitals
- 6 SNFs
- 21 Clinics
- 4 Pharmacies
- 3 Ambulatory Care Centers/Surgery Centers
- $1.1 Billion Revenues

CCH Behavioral Health:
- Addiction Services
- Mental Health
- Specialty Services
- Inpatient Units
- Partial Hospitalization
- Outpatient Clinics
- Adult and Pediatric

CentraCare Health – Monticello:
- CAH, ADC = 18
- 89 Bed SNF, ADC = 82
- 12,000+ ED Visits/Year
- 2800 Surgical Procedures/Year
- Cancer Center with Chemo, Radiation
- 10 Bed DPU in the works
A Few Stats

- 175,000 MH hospital discharges in Minnesota
- Total number of MH beds available: 1,362
  - Top three diagnoses:
    - Psychoses (58%)
    - Alcohol/Drug Abuse (17%)
    - Depressive Neuroses (6%)
  - Gender Distribution: 50/50
  - Age distribution:
    - 0-17: 14%
    - 17-44: 50%
    - 45-64: 27%
    - 65+: 8%
  - ED Utilization: 49% increase over 7 years
- Outpatient MH Visits: 6,800,000, ↑10%
- Largest Growth:
  - Dementia and Cognitive disorders (18%)
  - Autism (15%)
  - Learning disorder (10%)
- Age distribution:
  - 0-17: 19% of total visits
  - 18-44: 37%
  - 45-64: 27%
  - 65+: 15%

Sources: Minnesota Hospital Association, SG2
Mental Health Services
Across the Continuum of Care
CCH - Monticello

Preventive Care
- Bounce Back
- Schools
- Community Paramedics

Primary Care
- Integrated Care Team

Urgent Care
- Reserved Appts
- Collective Clinic

Emergency Care
- Divert Plan
- Safe Rooms
- In Reach
- Televisits

Acute Care
- Geriatric Unit
- Referral Partners
- Consultations

Long Term/Home Care
- Dementia Unit
- Community Paramedics
- Res Trmt
Preventive Care

Bounce Back
promoting health through happiness
Integrated Care Team
Reserved Appointments
In Reach
Geriatric Unit
Community Paramedic
Keys to Success

- **Goal Alignment**
  
  *The Right Care*
  *In the Right Place*
  *At the Right Time*
  *In a Cost Effective Way*

- **Patience**

- **Respect and Collaborative Spirit**