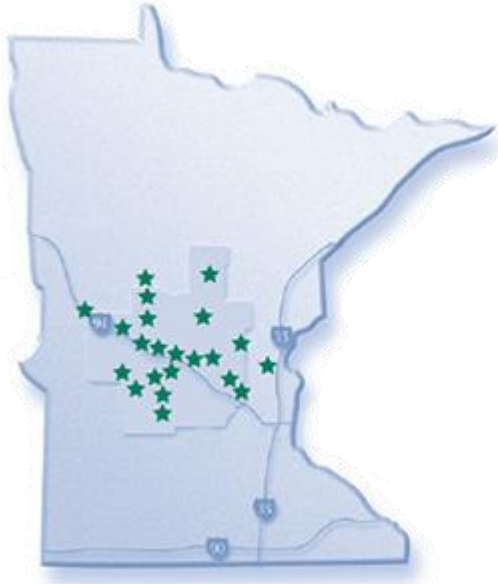


A Collaborative Approach to Better Mental Health Care

Minnesota Rural Health Conference
June 19, 2017



CentraCare Health:

- ❖ 6 Hospitals
- ❖ 6 SNFs
- ❖ 21 Clinics
- ❖ 4 Pharmacies
- ❖ 3 Ambulatory Care Centers/Surgery Centers
- ❖ \$1.1 Billion Revenues

CCH Behavioral Health:

- ❖ Addiction Services
- ❖ Mental Health
- ❖ Specialty Services
- ❖ Inpatient Units
- ❖ Partial Hospitalization
- ❖ Outpatient Clinics
- ❖ Adult and Pediatric

CentraCare Health – Monticello:

- ❖ CAH, ADC = 18
- ❖ 89 Bed SNF, ADC = 82
- ❖ 12,000+ ED Visits/Year
- ❖ 2800 Surgical Procedures/Year
- ❖ Cancer Center with Chemo, Radiation
- ❖ 10 Bed DPU in the works

A Few Stats

- ❖ 175,000 MH hospital discharges in Minnesota
- ❖ Total number of MH beds available: 1,362
 - ❖ Top three diagnoses:
 - ❖ Psychoses (58%)
 - ❖ Alcohol/Drug Abuse (17%)
 - ❖ Depressive Neuroses (6%)
 - ❖ Gender Distribution: 50/50
 - ❖ Age distribution:
 - ❖ 0-17: 14%
 - ❖ 17-44: 50%
 - ❖ 45-64: 27%
 - ❖ 65+: 8%
 - ❖ ED Utilization: 49% increase over 7 years
- ❖ Outpatient MH Visits: 6,800,000, ↑10%
- ❖ Largest Growth:
 - ❖ Dementia and Cognitive disorders (18%)
 - ❖ Autism (15%)
 - ❖ Learning disorder (10%)
- ❖ Age distribution:
 - ❖ 0-17: 19% of total visits
 - ❖ 18-44: 37%
 - ❖ 45-64: 27%
 - ❖ 65+: 15%

Sources: Minnesota Hospital Association,
SG2

Mental Health Services Across the Continuum of Care CCH - Monticello



Preventive Care

- Bounce Back
- Schools
- Community Paramedics



Primary Care

- Integrated Care Team



Urgent Care

- Reserved Appts
- Collective Clinic



Emergency Care

- Divert Plan
- Safe Rooms
- In Reach
- Televisits



Acute Care

- Geriatric Unit
- Referral Partners
- Consultations



Long Term/Home Care

- Dementia Unit
- Community Paramedics
- Res Trmt



Preventive
Care

 **BOUNCE BACK**
promoting health through happiness



Primary
Care

Integrated Care Team



Urgent
Care

Reserved Appointments



In Reach



Geriatric Unit



Long
Term/Home
Care

Community Paramedic

Keys to Success

❖ Goal Alignment

The Right Care

In the Right Place

At the Right Time

In a Cost Effective Way

❖ Patience

❖ Respect and Collaborative Spirit